

**Utica Winter Opener
Hutton Sports & Recreation Center - 1/14/2023
Results**

Women 60 Meter Dash

Facility: 7.67 F 2/5/2022 Riyana Owens
AARTFC: 8.10 A

Name	Yr	School	Prelims
Preliminaries			
1	Marissa Wise	SO Brockport	A 8.03Q
2	Sarah Levine	SR Brockport	8.14Q
3	Laura Meade	SR Utica	8.20Q
4	Kadie-Ann Whyte	JR SUNY Delhi	8.28Q
5	Shaquira Walcott	SO Felician	8.34Q
6	Hayley Castagnier	JR St. Lawrence	8.34q
7	Miranda Cole	FR SUNY Delhi	8.38q
8	Marley Froe	SO Union (N.Y.)	8.39q
9	Danielle Jackson	SO Oneonta	8.47
10	Caitlin Smith	SO RPI	8.51
11	Ayjah Clarke	JR Utica	8.54
12	Margaret Petty	FR Oneonta	8.55
13	Madison Wagner	FR Potsdam	8.58
14	Cora Knight	FR St. Lawrence	8.58
15	Christine Mallette	SO RPI	8.60
16	Kayla Brito	FR Felician	8.71
17	Taylor Johnson	SO Oneonta	8.73
18	Elizabeth Glomski	SO Utica	8.76
19	Courtney Bostic	FR Brockport	8.78
20	Hailey von Ahn	SO Potsdam	8.80
21	Kimberly Dean	JR SUNY Delhi	8.86
22	Joy McClinton	FR Oswego	8.90
23	Denesha Lafontant	JR Union (N.Y.)	8.93
24	Sylvea Cleary	SR Canisius	8.94
25	Margaret McNally	FR St. Lawrence	9.05
26	Adrianna Cieslak	FR Saint Rose	9.10
27	Blossom Igbani	FR Hamilton	9.14
28	Mackenzie Marcus	SO St. Lawrence	9.28
29	Anjulyn Hvisdak	SO Canisius	9.44
30	Caroline Hines	FR St. Lawrence	9.46
31	Judith Guzman	FR Union (N.Y.)	10.32
32	Halla Chappell	FR St. Lawrence	10.35
33	Lindsey Mayer	SR Canisius	10.48

Women 60 Meter Dash

Facility: 7.67 F 2/5/2022 Riyana Owens
AARTFC: 8.10 A

Name	Yr	School	Finals
Finals			
1	Laura Meade	SR Utica	8.08A 10
2	Marissa Wise	SO Brockport	8.09A 8
3	Kadie-Ann Whyte	JR SUNY Delhi	8.27 6
4	Shaquira Walcott	SO Felician	8.28 5
5	Marley Froe	SO Union (N.Y.)	8.29 4
6	Miranda Cole	FR SUNY Delhi	8.30 3
7	Hayley Castagnier	JR St. Lawrence	8.36 2
8	Sarah Levine	SR Brockport	8.72 1

Women 200 Meter Dash

Facility: 25.13 F 2/5/2022 Riyana Owens
AARTFC: 26.70 A

Name	Yr	School	Finals
Finals			
1	Imani Fitzpatrick	FR Felician	26.23A 10
2	Mackenzie Mix	SO Utica	26.40A 8
3	Marley Froe	SO Union (N.Y.)	27.13 6
4	Autumn Pittman	SO Cortland	27.46 5
5	Chantoya Thomas	SO Felician	27.57 4
6	Darrian Lewis	FR Felician	27.75 3
7	Christine Mallette	SO RPI	27.84 2
8	Emma McGuinn	FR RPI	27.97 1
9	Danielle Jackson	SO Oneonta	28.04
10	Zoe Harris	JR Saint Rose	28.05
11	Shaquira Walcott	SO Felician	28.16
12	Sabrina Richards	JR SUNY Delhi	28.24
13	Michelle Wu	SO Hamilton	28.34
14	Gabrielle Baker	SO Union (N.Y.)	28.40
15	Courtney Bostic	FR Brockport	28.53
16	Hailey von Ahn	SO Potsdam	28.77
17	Julia Ross	FR Cortland	28.80
18	Sara Fitzgerald	FR Saint Rose	28.88
19	Caitlin Smith	SO RPI	28.92
20	Madison Wagner	FR Potsdam	28.96
21	Kendall Sobczyk	FR Cortland	28.96
22	Taylor Johnson	SO Oneonta	29.05
23	Kristina Koes	JR St. Lawrence	29.19
24	Margaret Petty	FR Oneonta	29.22
25	Elizabeth Glomski	SO Utica	29.47
26	Abigail McDowell	SR Cortland	29.47
27	Rebecca Salim	JR Cortland	29.59
28	Cora Knight	FR St. Lawrence	29.59
29	Matteson Donnelly	JR Cortland	29.75
30	Faydia Thompson	SO RPI	29.79
31	Maeve Murphy	FR RPI	29.92
32	Elaine Fraser	FR Hamilton	30.01
33	Regan Kaiser	SO Cortland	30.18
34	Katie Unger	SO RPI	30.29
35	Hayley Castagnier	JR St. Lawrence	30.34
36	Chyra Patterson	FR Brockport	30.35
37	Summer Looney	FR RPI	30.51
38	Margaret McNally	FR St. Lawrence	30.58
39	Francesca Morone	FR Union (N.Y.)	30.59
40	Lauren Anderson	SR Cortland	30.61
41	Ayjah Clarke	JR Utica	30.79
42	Joy McClinton	FR Oswego	30.82
43	Kiran Black	FR St. Lawrence	30.99
44	Stephanie Seyfang	JR Canisius	31.01
45	Becca Itty	FR RPI	31.05
46	Sage Douglass	SO Oneonta	31.19
47	Anjulyn Hvisdak	SO Canisius	31.51
48	Lauren Maher	SO RPI	31.60
49	Kayla Brito	FR Felician	31.81
50	Sylvea Cleary	SR Canisius	31.99

**Utica Winter Opener
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Results

Finals ... (Women 200 Meter Dash)

Name	Yr	School	Finals
51 Alyssa Cole	FR	SUNY Delhi	33.23
52 Judith Guzman	FR	Union (N.Y.)	35.65
53 Julia McCrea	FR	Saint Rose	40.02

Women 400 Meter Dash

Facility: 56.47 F 2/22/2019 Gina Dello Russo

AARTFC: 1:01.00 A

Name	Yr	School	Finals
Finals			
1 Imani Fitzpatrick	FR	Felician	1:01.82 10
2 Claire Tratnyek	FR	Hamilton	1:02.64 8
3 Darrian Lewis	FR	Felician	1:02.84 6
4 Chantoya Thomas	SO	Felician	1:03.46 5
5 Catherine Catipay	JR	Felician	1:03.84 4
6 Sara Fitzgerald	FR	Saint Rose	1:04.32 3
7 Gabrielle Baker	SO	Union (N.Y.)	1:05.48 2
8 Faydia Thompson	SO	RPI	1:05.82 1
9 Zoe Harris	JR	Saint Rose	1:07.41
10 Jacqueline Reynaga	FR	Hamilton	1:07.66
11 Tahasia Thomas	SO	Felician	1:07.83
12 Kaylee Bertini	FR	St. Lawrence	1:08.04
13 Kristina Koes	JR	St. Lawrence	1:08.05
14 Summer Looney	FR	RPI	1:08.25
15 Lauren Maher	SO	RPI	1:12.78
16 Amelia Berthold	FR	St. Lawrence	1:13.41
17 Gizette Perez	JR	Felician	1:15.75

Women 500 Meter Dash

Facility: 1:17.83 F 1/28/2017 Marissa Jones

Name	Yr	School	Finals
Finals			
1 Elizabeth Liriano	SR	Cortland	1:21.74 10
2 Maura Jordan	JR	Canisius	1:22.22 8
3 Janaiya Cruz-Bermudez	JR	Utica	1:23.12 6
4 Avery Hebert	JR	Cortland	1:25.39 5
5 Hannah Turner	FR	Hamilton	1:26.51 4
6 Marlee Angus	SR	Cortland	1:26.61 3
7 Alexa Smith	JR	St. Lawrence	1:26.71 2
8 Yasmine Peralta	FR	Cortland	1:28.04 1
9 Noella Burlette	SO	Utica	1:35.94
10 Alicja Marut	SO	Felician	1:37.41
11 Fiona Breen	FR	Hamilton	1:40.61
12 Kyla Reed	FR	Utica	1:45.33
13 Julia McCrea	FR	Saint Rose	1:50.11
14 Emily Misencik	FR	Utica	1:51.73
15 Emma Zacharewicz	SO	Utica	1:57.08

Women 800 Meter Run

Facility: 2:17.11 F 1/29/2016 Marisa Divietro

AARTFC: 2:23.00 A

Name	Yr	School	Finals
Finals			
1 Keira Flaherty	SO	Siena	2:24.50 10
2 Jillian Lees	JR	RPI	2:24.75 8

3 Faith Coyle	SO	Oswego	2:25.44 6
4 Claire Gardner	SO	Siena	2:27.24 5
5 Jennifer Metz	JR	Brockport	2:28.66 4
6 Clara Sensini	SR	Brockport	2:29.18 3
7 Olivia Reid	SO	RPI	2:29.38 2
8 Abby Price	SO	RPI	2:33.68 1
9 Caroline Stanton	SO	Union (N.Y.)	2:33.93
10 Catherine Catipay	JR	Felician	2:34.41
11 Cameran Stone	FR	St. Lawrence	2:34.43
12 Eva McIlraith	FR	Hamilton	2:34.53
13 Mia Vizcaino	SO	Brockport	2:35.97
14 Belle Painter	SO	Siena	2:37.02
15 Allison Malatesta	SO	Union (N.Y.)	2:37.45
16 Emily Yousey	SO	Potsdam	2:37.84
17 Sarah Sharpe	SR	Utica	2:38.33
18 Shayla Morales	SR	Felician	2:38.42
19 Meredith Masker	SO	Brockport	2:38.68
20 Kaylee Haynes	SO	Brockport	2:38.86
21 Alayna Gibson	SO	Union (N.Y.)	2:39.04
22 Alyse Karanian	FR	RPI	2:42.53
23 Tahasia Thomas	SO	Felician	2:44.33
24 Gianna Welker	FR	Utica	2:45.04
25 Nora Graves	SO	St. Lawrence	2:45.34
26 Meghan Sonnacchio	SO	Utica	2:51.39
27 Brynne Ketchum	SR	Canisius	2:51.80
28 Alexis DiBernardo	SR	Saint Rose	2:53.55
29 Dajah Taylor	FR	Saint Rose	3:00.07
30 Gizette Perez	JR	Felician	3:00.38
31 Fabiola Gomez	JR	Saint Rose	3:13.63
32 Aislinn Hertle	FR	Potsdam	3:26.92
--- Gretchen Dowd	SO	Oswego	DNF

Women 1000 Meter Run

Facility: 2:54.29 F 1/18/2020 Sascha Scott

Name	Yr	School	Finals
Finals			
1 Allison Sibold	SO	St. Lawrence	3:06.05 10
2 Marissa Silba	SR	Canisius	3:12.26 8
3 Mattingly O'Rourke	FR	Siena	3:12.69 6
4 Catherine Dacey	SO	Union (N.Y.)	3:13.95 5
5 Taylor Harris	FR	Hamilton	3:14.13 4
6 Emily Pogozelski	FR	Hamilton	3:17.66 3
7 Izzy McNamee	FR	Siena	3:20.20 2
8 Sylvie Najarian	SO	Hamilton	3:26.10 1
9 Maggie Winstead	FR	Hamilton	3:31.92
10 Karena Laufer	SO	Hamilton	3:38.07
11 Julianna Tourangeau	FR	Siena	3:42.26
12 Gabrielle Brihn	FR	Hamilton	3:44.66
13 Emily Ware	JR	Potsdam	3:53.45
14 Julia Weaver	FR	Oswego	3:55.45

**Utica Winter Opener
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Results**

Women 1 Mile Run

Facility: 5:06.50 F 2/11/2017 Taryn Cordani
AARTFC: 5:22.00 A

Name	Yr	School	Finals
Finals			
1	Elaine Atanasova	JR Siena	5:12.57A 10
2	Claire Gardner	SO Siena	5:17.58A 8
3	Sophia Vinciguerra	JR Siena	5:18.45A 6
4	Katie Hesler	SO Siena	5:19.18A 5
5	Stephanie Queiroz	NA UNAT-Siena	X5:19.43A
6	Taylor Harris	FR Hamilton	5:23.23 4
7	Jacqueline Appenheimer	FR Canisius	5:25.02 3
8	Veronica Dailey	JR Brockport	5:25.49 2
9	Bridget Hastings	SO St. Lawrence	5:33.01 1
10	Belle Painter	SO Siena	5:33.65
11	Katherine Sheehy	JR St. Lawrence	5:34.12
12	Jocelyn Countryman	SO Brockport	5:34.44
13	Taylor Heschke	SO Canisius	5:38.02
14	Naomi Andrew	SO Hamilton	5:41.22
15	Olivia Annunziato	SO Brockport	5:43.53
16	Briseidy Balderas	SR Felician	5:45.43
17	Clara Fu	FR Hamilton	5:45.60
18	Cristina Gaskievicz	FR Oswego	5:46.68
19	Julianne Wilson	SO Brockport	5:47.15
20	Maeve Robarge	FR Brockport	5:49.59
21	Maggie Winstead	FR Hamilton	5:54.59
22	Claudia Wolf	FR RPI	5:57.41
23	Shayla Morales	SR Felician	5:59.51
24	Grace Turner	SO RPI	6:00.07
25	Ashley Linares	SR Felician	6:02.27
26	Gabrielle Brihn	FR Hamilton	6:10.29
27	Kadreja Simeon	JR Felician	6:10.88
28	Mary Lyons	SR SUNY Delhi	6:20.01
29	Brynita Haas	FR Hartwick	6:21.91
30	Kailyn Oreglio	SO SUNY Delhi	6:24.30
31	Callie Negro	SO Felician	6:28.38
32	Kelsey Pereira	SO Felician	6:32.71
33	Sierra Basco	SO Oneonta	6:36.83

Women 3000 Meter Run

Facility: 9:50.10 F 1/2/2016 Kelsey Chmiel
AARTFC: 10:40.00 A

Name	Yr	School	Finals
Finals			
1	Olivia Moran	SR Canisius	10:18.18A 10
2	Chloe Poulos	FR Siena	10:37.51A 8
3	Katherine Sheehy	JR St. Lawrence	10:54.91 6
4	Sarah Davis	JR Brockport	10:55.06 5
5	Jules Jones	JR Canisius	10:59.23 4
6	Olivia Watson	JR St. Lawrence	11:00.87 3
7	Lizzie Brown	SO Siena	11:06.11 2
8	Lauren Yonko	SO Brockport	11:07.73 1
9	Christina Peppy	SO Siena	11:17.39
10	Briseidy Balderas	SR Felician	11:19.79
11	Miranda Gilbert	SO Siena	11:21.57

12	Emily Rudolph	SO Oneonta	11:24.00
13	Adriana Cecchetelli	FR St. Lawrence	11:25.54
14	Olivia O'Donnell	JR Oneonta	11:38.05
15	Ella DePhillips	JR Oneonta	11:41.62
16	Ashley Linares	SR Felician	11:43.10
17	Maddie Foss	SO Hamilton	11:50.94
18	Kadreja Simeon	JR Felician	11:56.55
19	Eva Woodworth	FR Oneonta	11:58.16
20	Elizabeth Mattair	SO Saint Rose	12:13.48
21	Adeline Moore	SO St. Lawrence	12:13.98
22	Rylee Campeau	SR Canisius	12:17.71
23	Brooke Iannone	SO Saint Rose	12:17.85
24	Sarah Luby	SO Oneonta	12:26.29
25	Brynita Haas	FR Hartwick	12:27.20
26	Molly Chiarella	JR Oneonta	12:47.06
27	Marissa Lombardi	JR SUNY Delhi	12:51.14
28	Jillian Humphrey	FR Brockport	13:13.02
29	Callie Negro	SO Felician	13:15.08
30	Kelsey Pereira	SO Felician	13:15.12
31	Madilynne Smith	SO Hartwick	13:16.41
32	Leah Bisgrove	JR Brockport	13:26.05
---	Delia McDade Clay	JR Siena	DNF

Women 5000 Meter Run

Facility: 17:51.80 F 2/2/2019 Christine Myers
AARTFC: 18:50.00 A

Name	Yr	School	Finals
Finals			
1	Kerry Flower	JR Brockport	18:07.75A 10
2	Leah Siegmann	FR Brockport	19:48.10 8
3	Ashley Williams	SO RPI	19:56.00 6
4	Betsy Overstrum	JR Hamilton	20:06.40 5
5	Olivia Furman	SO Brockport	20:20.60 4
6	Leigh McCaffrey	JR RPI	21:53.25 3
7	Anna Capuano	SO RPI	22:30.91 2
8	Madilynne Smith	SO Hartwick	23:01.58 1
---	Sydney Levison	SO Siena	DNF

Women 60 Meter Hurdles

Facility: 9.08 F 2/18/2017 Amber Edwards
AARTFC: 9.50 A

Name	Yr	School	Prelims
Preliminaries			
1	Ejim Nnate	SO Oneonta	A 9.35Q
2	Emma McGuinn	FR RPI	9.53Q
3	Josephine Alliano	JR Oneonta	10.03q
4	Jada Carroll	JR Felician	10.31q
5	Kiran Black	FR St. Lawrence	10.53q
6	Hayley Castagnier	JR St. Lawrence	10.65q
7	Talia Ferguson	JR Felician	10.71q
8	Leila Warde	JR Union (N.Y.)	10.74q
9	Stephanie Seyfang	JR Canisius	10.92
10	Francesca Morone	FR Union (N.Y.)	10.93
11	Sage Douglass	SO Oneonta	10.94
12	Elaine Fraser	FR Hamilton	11.03

**Utica Winter Opener
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Preliminaries ... (Women 60 Meter Hurdles)

Name	Yr	School	Prelims
13 Amelia Berthold	FR	St. Lawrence	11.14
14 Alicja Marut	SO	Felician	11.37
15 Hunter Czajkowski	SO	Brockport	12.20

Women 60 Meter Hurdles

Facility: 9.08 F 2/18/2017 Amber Edwards
AARTFC: 9.50 A

Name	Yr	School	Finals
Finals			
1 Ejim Nnate	SO	Oneonta	9.28A 10
2 Emma McGuinn	FR	RPI	9.38A 8
3 Jada Carroll	JR	Felician	10.24 6
4 Talia Ferguson	JR	Felician	10.30 5
5 Hayley Castagnier	JR	St. Lawrence	10.36 4
6 Leila Warde	JR	Union (N.Y.)	10.43 3
7 Kiran Black	FR	St. Lawrence	10.45 2
8 Josephine Alliano	JR	Oneonta	10.63 1

Women 4x200 Meter Relay

Facility: 1:45.85 F 2/18/2017 RFA
S Lewis, O Griggs, M Hunt, T Posey-Barry

Team	Relay	Finals
Finals		
1 Utica	A	1:51.06 10
1) Mackenzie Mix SO	2) Janaiya Cruz-Bermudez JR	
3) Ajjah Clarke JR	4) Laura Meade SR	
2 Cortland	A	1:51.34 8
1) Alyssa LaBelle SR	2) Kendall Sobczyk FR	
3) Julia Ross FR	4) Autumn Pittman SO	
3 RPI	A	1:52.68 6
1) Christine Mallette SO	2) Emma McGuinn FR	
3) Katie Manning SO	4) Caitlin Smith SO	
4 Oneonta	A	1:54.82 5
1) Danielle Jackson SO	2) Ejim Nnate SO	
3) Margaret Petty FR	4) Taylor Johnson SO	
5 Hamilton	A	1:55.47 4
1) Claire Tratnyek FR	2) Michelle Wu SO	
3) Hannah Turner FR	4) Jacqueline Reynaga FR	
6 Union (N.Y.)	A	1:55.71 3
1) Marley Froe SO	2) Gabrielle Baker SO	
3) Denesha Lafontant JR	4) Francesca Morone FR	
7 Felician	A	1:56.16 2
1) Shaquira Walcott SO	2) Talia Ferguson JR	
3) Jada Carroll JR	4) Kayla Brito FR	
8 St. Lawrence	A	2:01.79 1
1) Hayley Castagnier JR	2) Kiran Black FR	
3) Cora Knight FR	4) Margaret McNally FR	

Women 4x400 Meter Relay

Facility: 4:01.97 F 2/18/2017 West Genesee HS
C. Benson, M. Delia, K. Dombroske, E. Young
AARTFC: 4:10.00 A

Team	Relay	Finals
Finals		
1 Felician	A	4:14.03 10
1) Catherine Catipay JR	2) Chantoya Thomas SO	
3) Tahasia Thomas SO	4) Shayla Morales SR	
2 Cortland	A	4:15.09 8
1) Elizabeth Liriano SR	2) Yasmine Peralta FR	
3) Marlee Angus SR	4) Avery Hebert JR	
3 Brockport	A	4:16.64 6
1) Kaylee Haynes SO	2) Clara Sensini SR	
3) Meredith Masker SO	4) Jennifer Metz JR	
4 Union (N.Y.)	A	4:25.18 5
1) Gabrielle Baker SO	2) Marley Froe SO	
3) Catherine Dacey SO	4) Caroline Stanton SO	
5 Canisius	B	4:32.31 4
1) Maura Jordan JR	2) Marissa Silba SR	
3) Jules Jones JR	4) Olivia Moran SR	
6 Hamilton	A	4:32.39 3
1) Eva McIlraith FR	2) Emily Pogozelski FR	
3) Clara Fu FR	4) Sylvie Najarian SO	
7 St. Lawrence	A	4:36.04 2
1) Alexa Smith JR	2) Kristina Koes JR	
3) Allison Sibold SO	4) Kaylee Bertini FR	
8 RPI	A	4:38.17 1
1) Jillian Lees JR	2) Alyse Karanian FR	
3) Abby Price SO	4) Olivia Reid SO	
9 St. Lawrence	B	x4:46.22
1) Cameran Stone FR	2) Bridget Hastings SO	
3) Nora Graves SO	4) Amelia Berthold FR	
10 Utica	A	4:52.70
1) Noella Burlette SO	2) Gianna Welker FR	
3) Meghan Sonnacchio SO	4) Sarah Sharpe SR	
11 Saint Rose	A	4:53.73
1) Zoe Harris JR	2) Sara Fitzgerald FR	
3) Dajah Taylor FR	4) Elizabeth Mattair SO	
12 Canisius	A	x4:55.58
1) Jacqueline Appenheimer FR	2) Taylor Heschke SO	
3) Madison Serapilio SO	4) Sarah Pawlow SO	
--- Siena	A	DNF
1) Keira Flaherty SO	2) Izzy McNamee FR	
3) Mattingly O'Rourke FR	4) Julianna Tourangeau FR	

Women High Jump

Facility: 1.68m F 2021 Verma / Scharlow
AARTFC: 1.57m A

Name	Yr	School	Finals
Finals			
1 Danielle Fisk	JR	Cortland	1.57mA 10
2 Maia Wahlquist	SO	St. Lawrence	1.57mA 8
3 Amina Sinclair	SO	Utica	1.52m 6
4 Jada Carroll	JR	Felician	1.47m 4

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Finals ... (Women High Jump)

Name	Yr	School	Finals
4 Mariah Saggese	FR	Cortland	1.47m 4
4 Sarah Killip	SR	Brockport	1.47m 4
7 Kaylee Bertini	FR	St. Lawrence	1.47m 2
8 Alicja Marut	SO	Felician	1.47m 1
9 Amelia Berthold	FR	St. Lawrence	1.42m
10 Talia Ferguson	JR	Felician	1.42m
11 Darrian Lewis	FR	Felician	1.42m
12 Josephine Alliano	JR	Oneonta	1.37m
13 Leila Warde	JR	Union (N.Y.)	1.37m
13 Regan Kaiser	SO	Cortland	1.37m
15 Katie Pavelchak	FR	Brockport	1.32m
16 Aalyiah Williams	FR	Hartwick	1.27m
--- Sage Douglass	SO	Oneonta	NH

Women Pole Vault

Facility: 4.35m F 1/26/2019 Katherine Pitman
AARTFC: 3.20m A

Name	Yr	School	Finals
Finals			
1 Anna Ahlquist		Unattached	X3.20mA
2 Becca Bready	FR	Cortland	3.05m 10
3 Kimmy Arena	SR	Cortland	2.90m 8
4 Faith Hoyt	FR	Cortland	2.75m 6
5 Adrianna Cieslak	FR	Saint Rose	2.15m 5
6 Halla Chappell	FR	St. Lawrence	2.15m 4
--- Sherry Georgeson	SR	Oneonta	NH

Women Long Jump

Facility: 5.83m F 12/10/2022 Alexa Wandy
AARTFC: 5.25m A

Name	Yr	School	Finals
Finals			
1 Mia Montgomery	SR	Brockport	5.16m 10
2 Jada Carroll	JR	Felician	5.06m 8
3 Talia Ferguson	JR	Felician	5.02m 6
4 Danielle Fisk	JR	Cortland	4.87m 5
5 Nora Devitt	SO	Utica	4.85m 4
6 Alyssa LaBelle	SR	Cortland	4.81m 3
7 Katie Manning	SO	RPI	4.79m 2
8 Kristina Koes	JR	St. Lawrence	4.72m 1
9 Lauren Anderson	SR	Cortland	4.70m
10 Mackenzie Marcus	SO	St. Lawrence	4.49m
11 Maeve Murphy	FR	RPI	4.42m
12 Regan Kaiser	SO	Cortland	4.19m
13 Katie Unger	SO	RPI	4.17m
14 Chyra Patterson	FR	Brockport	4.11m
15 Sofia Riker	JR	Hamilton	3.99m
16 Alyssa Cole	FR	SUNY Delhi	3.92m
17 Kiran Black	FR	St. Lawrence	3.90m
18 Leila Warde	JR	Union (N.Y.)	3.89m
19 Giovanna Wall	SO	Hartwick	3.84m
20 Hunter Czajkowski	SO	Brockport	3.76m
--- Ashley Neier	JR	Hartwick	FOUL

Women Triple Jump

Facility: 11.86m F 2/20/2016 Sarah Wiatr
AARTFC: 10.75m A

Name	Yr	School	Finals
Finals			
1 Laura Meade	SR	Utica	10.87mA 10
2 Shaqira Walcott	SO	Felician	10.60m 8
3 Jada Carroll	JR	Felician	10.55m 6
4 Talia Ferguson	JR	Felician	10.54m 5
5 Nora Devitt	SO	Utica	10.37m 4
6 Leah Basel	JR	Hamilton	10.33m 3
7 Denesha Lafontant	JR	Union (N.Y.)	10.19m 2
8 Kaylee Bertini	FR	St. Lawrence	9.95m 1
9 Rebecca Salim	JR	Cortland	9.92m
10 Abigail McDowell	SR	Cortland	9.87m
11 Caroline Hines	FR	St. Lawrence	9.54m
12 Katie Manning	SO	RPI	9.53m
13 Matteson Donnelly	JR	Cortland	9.40m
--- Becca Itty	FR	RPI	FOUL

Women Shot Put

Facility: 14.02m F 2/22/2019 Katie Weeks
AARTFC: 11.50m A

Name	Yr	School	Finals
Finals			
1 Sarah Crockett	JR	Brockport	12.85mA 9
1 Isabella Fabrizio	SO	Oneonta	12.85mA 9
3 Jane Fahy	SR	Utica	11.98mA 6
4 Teghan Garris	SO	Oneonta	11.34m 5
5 Emelene Burek	JR	Oneonta	11.06m 4
6 Trinity Dees	FR	Brockport	11.03m 3
7 Emma Kinnicutt	JR	Brockport	10.84m 2
8 Katrina Chandler	FR	Brockport	10.70m 1
9 Kate Bellman	JR	Oneonta	10.51m
10 Hannah Rogers	SO	RPI	10.42m
11 Alyssa Pompey	SR	Felician	10.27m
12 Kitty Messina	SO	SUNY Delhi	10.18m
13 Hannah Jackson	JR	Oneonta	10.10m
14 Sarah Armenia	SO	Brockport	10.07m
15 Holly Lauzon	JR	RPI	9.89m
16 Liz Spencer	SR	Brockport	9.88m
17 Laine Porter	SO	Brockport	9.63m
18 Brooke Martindale	FR	St. Lawrence	9.59m
19 Lydia Mirabito	FR	Hamilton	9.58m
20 Duanena Graves	FR	Utica	9.39m
21 Emilia Costello	SO	Utica	9.37m
22 Ranasia Bailey	FR	Utica	9.36m
23 Gabby Ragozzine	FR	Oneonta	9.24m
24 Megan Spencer	FR	Cortland	9.13m
25 Katie Lynch	FR	RPI	9.04m
26 Liz Kingston	SO	Brockport	8.96m
27 Yasmine Elmady	SO	RPI	8.88m
28 Morgan Torrey	FR	Brockport	8.82m
29 Emily Boswell	SO	St. Lawrence	8.80m
29 Jenna Deep		Unattached	X8.80m

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Finals ... (Women Shot Put)				
Name	Yr	School	Finals	
31	Lacey Eckert	FR St. Lawrence	8.78m	
32	Cassidy Cook	SO Utica	8.74m	
33	Giovanna Wall	SO Hartwick	8.69m	
34	Megan Brinck	FR Utica	8.65m	
35	Christina Groleau	JR Oneonta	8.61m	
36	Abigail Conpropst	JR Oswego	8.58m	
37	Gabrielle DeSanctis	JR Utica	8.56m	
38	Alexandra Jeffrey	SO Hamilton	8.54m	
39	Morgan Washburn	FR Utica	8.45m	
40	Sarah Florian	FR Utica	8.42m	
41	Leah Basel	JR Hamilton	8.41m	
42	Sarah Parr	JR Cortland	8.40m	
42	Hannah McMasters	FR Cortland	8.40m	
44	Caitlyn Vergari	FR Brockport	8.36m	
45	Valerie Hartman	SO Felician	8.31m	
46	Cassandra Simmons	SO Utica	8.14m	
47	Jennifer Ndukwu	FR Cortland	8.01m	
48	Rosemary Fleischmann	FR St. Lawrence	7.98m	
49	Aalyiah Williams	FR Hartwick	7.84m	
50	Rylee Lyons	FR Hamilton	7.71m	
51	Sage Douglass	SO Oneonta	7.47m	
52	Maggie Hayes	JR St. Lawrence	7.25m	
53	Abbie Knaisch	FR Utica	7.24m	
54	Hunter Czajkowski	SO Brockport	6.58m	
55	Josephine Alliano	JR Oneonta	6.24m	
56	Shannon Kelly	FR Saint Rose	6.01m	

Women Weight Throw

Facility: 18.17m F 1/26/2019 Valerie Hinds
AARTFC: 14.20m A

Name	Yr	School	Finals	
Finals				
1	Sarah Crockett	JR Brockport	15.57mA	10
2	Emma Kinnicutt	JR Brockport	14.92mA	8
3	Gabrielle DeSanctis	JR Utica	14.31mA	6
4	Emilia Costello	SO Utica	14.23mA	5
5	Sarah Parr	JR Cortland	14.16m	4
6	Isabella Fabrizio	SO Oneonta	13.79m	3
7	Megan Spencer	FR Cortland	13.64m	2
8	Jenna Deep	Unattached	X13.31m	
9	Katrina Chandler	FR Brockport	13.18m	1
10	Hannah Jackson	JR Oneonta	13.07m	
11	Lainey Porter	SO Brockport	12.98m	
12	Lydia Mirabito	FR Hamilton	12.50m	
13	Hannah McMasters	FR Cortland	12.31m	
14	Christina Groleau	JR Oneonta	12.22m	
15	Liz Spencer	SR Brockport	11.99m	
16	Sarah Florian	FR Utica	11.97m	
17	Gabby Ragozzine	FR Oneonta	11.94m	
18	Megan Brinck	FR Utica	11.79m	
19	Ranasia Bailey	FR Utica	11.71m	
20	Maggie Hayes	JR St. Lawrence	11.58m	
21	Caitlyn Vergari	FR Brockport	11.46m	
22	Morgan Washburn	FR Utica	11.34m	

23	Rachel Cataldi	FR Saint Rose	11.16m	
24	Skyler Whorf	JR Utica	11.13m	
25	Emelene Burek	JR Oneonta	11.12m	
26	Alyssa Pompey	SR Felician	10.86m	
27	Jennifer Ndukwu	FR Cortland	10.76m	
28	Holly Lauzon	JR RPI	10.69m	
29	Rosemary Fleischmann	FR St. Lawrence	10.68m	
30	Alexandra Jeffrey	SO Hamilton	10.54m	
31	Valerie Hartman	SO Felician	10.41m	
32	Teghan Garris	SO Oneonta	10.25m	
33	Duanena Graves	FR Utica	9.96m	
34	Kitty Messina	SO SUNY Delhi	9.48m	
35	Abigail Conpropst	JR Oswego	9.42m	
36	Emily Boswell	SO St. Lawrence	9.38m	
37	Morgan Torrey	FR Brockport	9.19m	
38	Yasmine Elmady	SO RPI	9.18m	
39	Lacey Eckert	FR St. Lawrence	8.94m	
40	Rylee Lyons	FR Hamilton	8.54m	
41	Sarah Armenia	SO Brockport	8.38m	
42	Trinity Dees	FR Brockport	8.37m	
43	Katie Lynch	FR RPI	7.90m	
44	Grace Richard	FR RPI	7.66m	
45	Brooke Martindale	FR St. Lawrence	7.61m	
46	Jennie Weisbrot	SO Hamilton	6.81m	
47	Abbie Knaisch	FR Utica	5.98m	
---	Hannah Rogers	SO RPI	FOUL	
---	Liz Kingston	SO Brockport	FOUL	

Men 60 Meter Dash

Facility: 6.87 F 1/28/2017 Nicodemus Gambill
AARTFC: 7.15 A

Name	Yr	School	Prelims
Preliminaries			
1	Deron Davis	FR SUNY Delhi	A 7.04Q
2	Andre Woods	JR Saint Rose	7.18Q
3	Shemar Delphin	SO Saint Rose	7.20Q
4	Josh Ihegihi	FR RPI	7.27Q
5	Eric Nieves	SO Oneonta	7.31Q
6	Kensei Chen	SO RPI	7.26q
7	William Hauf	SO St. Lawrence	7.30q
8	Ryan Serp	SR Cortland	7.32q
9	Junior Oduro	SO Potsdam	7.36
10	Ricaldo Lewis	FR Hamilton	7.38
11	Shane Tinney	SR Utica	7.39
12	James Pavelchak	SO Brockport	7.44
13	Eli Coleman	SO Union (N.Y.)	7.47
14	Zach Jones	Unattached	X7.50
15	Nathan Roehrig	FR Brockport	7.50
16	Nyles Rogers	SO Utica	7.50
17	Dan Mars	FR Oswego	7.52
18	Joshua Jerome	FR Oneonta	7.53
19	Patrick Conteh	FR Hartwick	7.53
20	Valenick Exantus	FR SUNY Delhi	7.58
21	Michael Ngaw	SO Hamilton	7.60
22	Michael Orioles	FR Utica	7.65

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Preliminaries ... (Men 60 Meter Dash)

Name	Yr	School	Prelims
23 Nick Darrigo	FR	Oneonta	7.66
24 Charles Gartner	SO	St. Lawrence	7.70
25 Tim Petty	SO	Potsdam	7.76
26 Jack DiLiberto	FR	Brockport	7.79
27 Cliff Biehl	SO	Oneonta	7.83
28 Alex Reyes	FR	Oswego	7.87
29 Michael Carey	SO	Oneonta	7.89
30 Finn Holohan	FR	RPI	7.89
31 Quran Best	FR	Hartwick	7.90
32 Emeh Chisomaga	SR	Hartwick	7.93
33 Mohamed Dhouib	JR	Hamilton	8.00
34 Caden Palmer	FR	Potsdam	8.09
35 Zachary DeMott	FR	Oswego	8.13
36 Eric Muharareni	SR	Canisius	8.29
37 John Shultzaberger	FR	Hamilton	8.41

Men 60 Meter Dash

Facility: 6.87 F 1/28/2017 Nicodemus Gambill

AARTFC: 7.15 A

Name	Yr	School	Finals
Finals			
1 Deron Davis	FR	SUNY Delhi	7.01A 10
2 Shemar Delphin	SO	Saint Rose	7.12A 8
3 Andre Woods	JR	Saint Rose	7.19 6
4 Kensei Chen	SO	RPI	7.21 5
5 William Hauf	SO	St. Lawrence	7.26 4
6 Ryan Serp	SR	Cortland	7.34 3
7 Eric Nieves	SO	Oneonta	7.35 2
8 Josh Ihegiu	FR	RPI	7.35 1

Men 200 Meter Dash

Facility: 21.90 F 1/26/2019 George Alexandris

AARTFC: 22.90 A

Name	Yr	School	Finals
Finals			
1 Aaron Jones	SR	Cortland	22.57A 10
2 Donovan Myrick	FR	RPI	22.67A 8
3 Reese Casinelli	SO	Saint Rose	22.81A 6
4 Andrew Hadasz	JR	Utica	22.94 5
5 Josh Jeziorski	SR	Brockport	23.09 4
6 Shemar Delphin	SO	Saint Rose	23.29 3
7 Alhagie-Sorie Sesay	SR	Cortland	23.32 2
8 Aidan Harrington	JR	Oswego	23.36 1
9 Sam Ahern	SO	Union (N.Y.)	23.39
10 Harrison Gavalas	FR	Cortland	23.44
11 Josh Ihegiu	FR	RPI	23.46
12 Cristhian Cuevas	FR	SUNY Delhi	23.56
13 Andre Woods	JR	Saint Rose	23.59
14 Mickenson Simon	SO	SUNY Delhi	23.68
15 Kensei Chen	SO	RPI	23.68
16 Junior Oduro	SO	Potsdam	23.94
17 Travis Iwuagwu	FR	Cortland	23.97
18 Ethan Kain	SR	Utica	24.02
19 Mathew Broadnax	JR	Oswego	24.05

20 Ayden Grinion	FR	Brockport	24.06
21 James Pavelchak	SO	Brockport	24.12
22 Nathan Roehrig	FR	Brockport	24.17
23 Stephen Fajen	SO	RPI	24.21
24 Howard Nix	FR	Brockport	24.24
25 Dylan Asch	FR	Utica	24.28
26 Alec Weiss	SO	Oneonta	24.33
27 Drew Kerr	FR	RPI	24.38
28 Nick Darrigo	FR	Oneonta	24.39
29 Michael Ngaw	SO	Hamilton	24.41
30 Phillip Le	JR	Hamilton	24.48
31 Liam Pek	JR	RPI	24.49
32 Dan Mars	FR	Oswego	24.50
33 Michael Orioles	FR	Utica	24.53
34 Noah Pray	SO	RPI	24.63
35 Eric Nieves	SO	Oneonta	24.64
36 Jamie Sullivan	SO	Saint Rose	24.67
37 Michael Durski	FR	Brockport	24.70
38 Ryan Steele	SO	St. Lawrence	24.72
39 Christopher Dorney	SR	Oswego	24.79
40 Patrick Conteh	FR	Hartwick	24.87
41 Jack Catelotti	FR	RPI	24.88
42 Nyles Rogers	SO	Utica	24.88
43 Roland Zanger	SO	Cortland	25.03
44 Charles Gartner	SO	St. Lawrence	25.04
45 Anhad Gande	JR	Union (N.Y.)	25.08
46 Alexander Mavros	SO	Oneonta	25.11
47 Quallan Brown	JR	Utica	25.18
48 Alex Reyes	FR	Oswego	25.19
49 Keith Omane-Agyei	FR	St. Lawrence	25.24
50 Jordan Cancel	SO	Brockport	25.25
51 Ledreth Velez-Olmo	FR	Brockport	25.30
52 Thomas Coulon	SR	Hamilton	25.52
53 Caleb Carr	SO	Brockport	25.56
54 Andrew Patterson	FR	Hamilton	25.66
55 D'Andre Little	SO	Saint Rose	25.82
56 Michael Carey	SO	Oneonta	25.89
57 Arthur Hartel	FR	Canisius	25.92
58 Patrick Uwechue	SR	Utica	26.18
59 Zachary DeMott	FR	Oswego	26.35
60 Caden Palmer	FR	Potsdam	26.47
61 Edgar Pastran	FR	Union (N.Y.)	27.48
62 Eric Muharareni	SR	Canisius	27.58
63 Cooper Ladouceur	FR	Potsdam	31.58

Men 400 Meter Dash

Facility: 48.84 F 2/11/2017 Peter Girardi

AARTFC: 51.30 A

Name	Yr	School	Finals
Finals			
1 Reese Casinelli	SO	Saint Rose	51.35 10
2 Peter Cavanaugh	SO	RPI	51.43 8
3 Harrison Gavalas	FR	Cortland	51.94 6
4 Aidan Harrington	JR	Oswego	52.17 5
5 Ayden Grinion	FR	Brockport	52.41 4
6 Sam Ahern	SO	Union (N.Y.)	52.82 3

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Finals ... (Men 400 Meter Dash)

Name	Yr	School	Finals
7 Phillip Le	JR	Hamilton	53.89 2
8 Mathew Broadnax	JR	Oswego	54.04 1
9 Ryan Hilliard	SO	Union (N.Y.)	54.26
10 Michael Durski	FR	Brockport	54.54
11 Aidan Savitt	FR	Union (N.Y.)	54.56
12 Jamie Sullivan	SO	Saint Rose	54.79
13 Ethan Rowe	SO	St. Lawrence	54.87
14 Christopher Dorney	SR	Oswego	54.89
15 Carlos Sanchez	FR	St. Lawrence	56.42
16 Jordan Cancel	SO	Brockport	56.91
17 Arthur Hartel	FR	Canisius	57.66
18 Connor St. Peter	FR	St. Lawrence	57.99
19 Thomas Coulon	SR	Hamilton	58.05
20 Andrew Patterson	FR	Hamilton	58.43
21 Evan Sweet	FR	RPI	58.72
22 Edgar Pastran	FR	Union (N.Y.)	59.30
23 Caleb Carr	SO	Brockport	1:00.09
24 D'Andre Little	SO	Saint Rose	1:00.89
25 Shamil Williams	FR	Union (N.Y.)	1:08.35

Men 500 Meter Dash

Facility: 1:06.02 F 1/14/2017 Nick Lababara

Name	Yr	School	Finals
1 Coltrane Goring	SR	Cortland	1:08.05 10
2 Lorenzo Castro	SO	SUNY Delhi	1:08.38 8
3 Domenick Rayleonard	SO	RPI	1:08.61 6
4 Rahul Maharjan	SO	RPI	1:08.82 5
5 Douglas Knapp	SR	Cortland	1:09.46 4
6 Evan Jensen	SO	Cortland	1:09.81 3
7 Nolan Flynn	FR	Utica	1:09.99 2
8 Andrew O'Gorman	JR	Cortland	1:10.22 1
9 Raymond Rivituso	SR	RPI	1:11.20
10 Ledreth Velez-Olmo	FR	Brockport	1:11.91
11 Morgan Condon	SO	SUNY Delhi	1:11.98
12 Jonathan Simmons	SO	Utica	1:14.23
13 James Cary	SO	St. Lawrence	1:15.21
14 Patrick Uwechue	SR	Utica	1:21.62

Men 800 Meter Run

Facility: 1:55.53 F 2/8/2020 Lucas Wright

AARTFC: 1:58.50 A

Name	Yr	School	Finals
1 Ryan Hagan		Unattached	X1:55.16F
2 Matthew Smalling	SO	RPI	1:58.81 10
3 Jonathan Zavala	SO	Brockport	1:59.09 8
4 Kevin Fischer	SR	Brockport	2:00.13 6
5 Benjamin Neff	SO	Union (N.Y.)	2:00.17 5
6 Dylan Rosemark	SO	RPI	2:00.42 4
7 Nicholas Lyndaker	FR	St. Lawrence	2:00.60 3
8 Hugh Williams	FR	Hamilton	2:01.31 2
9 Thomas Kressly	SO	Brockport	2:01.53 1
10 John Amenta	JR	SUNY Delhi	2:01.58

11 Cassidy Gilmore	FR	Brockport	2:02.05
12 Sean Shannon	SO	RPI	2:02.08
13 Andre Latina	FR	RPI	2:03.15
14 Andrew Richardson	FR	Hamilton	2:04.14
15 Lukas Walters	SO	Brockport	2:04.39
16 Matthew Waruch	SO	Saint Rose	2:04.76
17 Sam Renaud	SO	Potsdam	2:04.76
18 Hayden Lohmann	JR	Utica	2:06.48
19 Tom Mahunik	FR	Oswego	2:06.57
20 James Toleos	FR	Union (N.Y.)	2:06.71
21 Christopher Bulmer	FR	Union (N.Y.)	2:07.15
22 Cole Harris	FR	St. Lawrence	2:07.70
23 Nicholas DeBaise	FR	Union (N.Y.)	2:09.14
24 Kyle Collins	SO	Union (N.Y.)	2:09.16
25 Michael Roberts	JR	Utica	2:09.60
26 Arrad Tausif	FR	Brockport	2:09.98
27 Benjamin Ingram	SO	Hamilton	2:10.12
28 Nick Dauphinee	JR	Canisius	2:10.71
29 Samuel Crowley	FR	Union (N.Y.)	2:10.87
30 Dairo Reyes	FR	Oswego	2:14.06
31 Eli Siracusa	FR	Potsdam	2:21.56
32 Brady Szekeres	SO	Utica	2:25.44
33 Joseph Gleason	FR	Oswego	2:29.03

Men 1000 Meter Run

Facility: 2:31.86 F 2/8/2020 Andrew Horan

Name	Yr	School	Finals
1 Timothy Boyce	SO	St. Lawrence	2:37.88 10
2 Collin Rice	JR	Canisius	2:39.62 8
3 Ronan McDonald	JR	Canisius	2:41.40 6
4 Patrick Garland	JR	Canisius	2:41.62 5
5 Matthew Pietzak	SO	Oswego	2:42.07 4
6 Christopher O'Donnell	SO	St. Lawrence	2:42.75 3
7 Jacob Raichel	SO	Canisius	2:44.54 2
8 Braden Tent	FR	Canisius	2:45.00 1
9 PJ Dauer	FR	Siena	2:48.24
10 Joseph Pivarunas	FR	Canisius	2:55.78

Men 1 Mile Run

Facility: 4:15.96 F 1/18/2020 Noah Falasco

AARTFC: 4:24.00 A

Name	Yr	School	Finals
1 Ryan Hagan		Unattached	X4:14.35F
2 Timothy Boyce	SO	St. Lawrence	4:14.88F 10
3 Jonathan Zavala	SO	Brockport	4:15.41F 8
4 James Anderson		Unattached	X4:15.77F
5 Andrew Perreault	SR	Canisius	4:18.12A 6
6 James Gallagher	JR	Hamilton	4:18.97A 5
7 Tom Ragone	SO	Siena	4:19.39A 4
8 Nicholas Lyndaker	FR	St. Lawrence	4:21.68A 3
9 Luke Anthony	NA	UNAT-Siena	X4:22.80A
10 John Amenta	JR	SUNY Delhi	4:22.89A 2
11 Jack Loughery	FR	RPI	4:23.53A 1
12 Thomas Kressly	SO	Brockport	4:24.10

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Finals ... (Men 1 Mile Run)

Name	Yr	School	Finals
13 Jonthomas Bierman	SO	Oneonta	4:24.52
14 Michael Skutt	SO	St. Lawrence	4:24.65
15 Joseph Simeone	FR	Hamilton	4:25.52
16 Luke Jarski	SO	Oneonta	4:25.68
17 Brody Jones	FR	Canisius	4:26.08
18 Justin Cascio	FR	RPI	4:26.12
19 Bram Mansbach	JR	Hamilton	4:26.50
20 Sean Killip	JR	Brockport	4:26.51
21 Chris Bertola	SO	Siena	4:26.61
22 Matthew Abell	JR	St. Lawrence	4:27.71
23 Joey Smith	FR	RPI	4:27.72
24 Brady Geisler	FR	RPI	4:27.87
25 Kevin Board	JR	Canisius	4:32.79
26 Max Chew	JR	Canisius	4:33.16
27 Daniel Casey	FR	Brockport	4:33.30
28 Michael Roberts	JR	Utica	4:33.52
29 Richard Moore	SR	Canisius	4:35.85
30 Matthew Laframboise	JR	Siena	4:36.70
31 Aiden Rowley	JR	Union (N.Y.)	4:37.03
32 Michael Harkins	FR	RPI	4:37.28
33 Griffin Roeder	FR	St. Lawrence	4:38.33
34 JJ Montemaro	FR	Brockport	4:41.36
35 Aidan Cutting	SR	SUNY Delhi	4:42.90
36 Andrew Zuckerman	SR	Hamilton	4:43.15
37 Tobias Jeralds	FR	Utica	4:45.04
38 Charles Beams	SO	St. Lawrence	4:45.88
39 Michael McGowan	SO	Brockport	4:46.80
40 Griffin Cooke	SO	Siena	4:47.84
41 Henry Rose	SO	Oswego	4:48.95
42 Tye Royal	SO	St. Lawrence	4:50.45
43 Ronan Coughlin	JR	Union (N.Y.)	4:51.28
44 Royce Breslawski	JR	Canisius	4:52.52
45 Sam Lees	SO	SUNY Delhi	4:55.96
46 Logan Ploss	SO	Potsdam	4:58.75
47 Richard O'Keefe	SO	St. Lawrence	5:04.47
48 Miguel Tineo Reyes	SO	Oswego	5:06.17
49 Aidan Freda	SO	Hartwick	5:14.85
50 Lewis Race	SR	SUNY Delhi	5:14.87
51 Eli Siracusa	FR	Potsdam	5:15.05
52 Evan Howe	SO	Potsdam	5:23.92
53 Brad Laquidari	SR	Oswego	5:32.27
54 Joseph Gleason	FR	Oswego	5:38.00
55 Harper Barrett	SO	Potsdam	5:38.01
56 Kain Robinson	SO	Potsdam	5:44.90
57 Aidan Hafer	FR	Oswego	6:11.36

Men 3000 Meter Run

**Facility: 8:18.57 F 2/18/2017 Benjamin Fazio
AARTFC: 8:50.00 A**

Name	Yr	School	Finals
1 Michael Peppy	SR	Canisius	8:36.30A 10
2 Killian McNamee	SO	Siena	8:36.59A 8
3 Andrew Harrell	SR	Hamilton	8:37.63A 6

4 Ryan Shanahan	SO	Siena	8:38.26A 5
5 Michael Skutt	SO	St. Lawrence	8:39.96A 4
6 Tom Appenheimer	SR	Canisius	8:40.76A 3
7 Nate Sletten	SO	Siena	8:47.45A 2
8 Dillon VanDemortel	SR	Brockport	8:49.99A 1
9 Seth Bywater	SR	SUNY Delhi	8:52.34
10 Cameron Szabo	SR	Cortland	8:53.00
11 Jimmy Smith	SO	Siena	8:54.37
12 Charles Alekson	SO	Union (N.Y.)	8:57.70
13 Noah Greski	SO	Siena	9:00.81
14 Matthew Abell	JR	St. Lawrence	9:04.54
15 Ben Trantanella	SO	Union (N.Y.)	9:05.81
16 Nathan Couse	SR	Oswego	9:11.55
17 Patrick Fiorillo	SO	Siena	9:11.63
18 August Kotula	SO	St. Lawrence	9:17.28
19 Matthew Taylor	SO	St. Lawrence	9:17.79
20 Owen Patry	FR	St. Lawrence	9:28.28
21 Aidan Cutting	SR	SUNY Delhi	9:29.88
22 Anthony Leotta	FR	Utica	9:31.99
23 Zachary Brown	FR	Utica	9:33.48
24 Cameron O'Connell	SR	Oneonta	9:43.38
25 Kyle Ostrander	SO	Saint Rose	9:52.05
26 Logan Ploss	SO	Potsdam	9:52.15
27 Robert Deck	FR	Saint Rose	10:02.89
28 Benjamin Roach	SO	St. Lawrence	10:24.04
29 Aidan Freda	SO	Hartwick	10:37.95
--- Tom Ragone	SO	Siena	DNF
--- Matthew Coleman	SO	St. Lawrence	DNF

Men 5000 Meter Run

**Facility: 15:02.41 F 12/3/2016 Jack Pierce
AARTFC: 15:30.00 A**

Name	Yr	School	Finals
1 Luke Tkaczyk	SO	Siena	15:03.13A 10
2 Andrew Harrell	SR	Hamilton	15:05.73A 8
3 Hunter Brignall	JR	Cortland	15:13.79A 6
4 Jackson Cayward	SO	Siena	15:14.62A 5
5 Ben Guerin	FR	Siena	15:16.20A 4
6 Tyler Greene	FR	Siena	15:20.00A 3
7 Jordan Crist	SR	RPI	15:22.81A 2
8 Jared Smith	SO	Brockport	15:33.94 1
9 Caleb Watson	SO	RPI	15:42.70
10 Eion McClain	SO	Oneonta	15:46.43
11 Jay Parker	SO	RPI	15:49.05
12 Brody Santagata	FR	Siena	15:52.70
13 Gwilym Horner	FR	RPI	15:53.48
14 Edward Trenk	SO	Hamilton	15:53.57
15 Collin Clinton	SO	Siena	15:58.07
16 Jared Gridley	JR	RPI	16:03.02
17 Peter Alden	JR	Siena	16:06.65
18 Mark D'Alessandro	SO	Union (N.Y.)	16:07.17
19 Matthew Serrano	FR	St. Lawrence	16:08.25
20 Christopher Adamski	JR	Siena	16:09.53
21 John Balk Jr.	SO	Oneonta	16:42.37
22 Parker Paragas	FR	RPI	16:44.36

**Utica Winter Opener
Hutton Sports & Recreation Center - 1/14/2023**

Results

Finals ... (Men 5000 Meter Run)

Name	Yr	School	Finals
23 Christian Noa	SO	Oneonta	16:49.69
24 Alex Chamak	SO	Oneonta	17:10.81
25 Justin Murillo	SR	Oneonta	17:14.73
26 Rafael Osella	SR	Hamilton	17:21.14
27 Connor Cavanaugh	SO	Union (N.Y.)	17:32.97
--- Harry Tomasi	SR	Cortland	DNF
--- Christopher DeForest	SO	Siena	DNF

Men 60 Meter Hurdles

Facility: 8.06 F 2/8/2020 Brent Di Vittorio

AARTFC: 8.70 A

Name	Yr	School	Prelims
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Preliminaries

1 Erik Geier	JR	St. Lawrence	8.73Q
2 Jason Bois	FR	Union (N.Y.)	8.97Q
3 Alexander Mavros	SO	Oneonta	9.13q
4 Morgan Condon	SO	SUNY Delhi	9.15q
5 Edwin Mensah-Boateng	SO	Hamilton	9.26q
6 Samuel Hunt	FR	St. Lawrence	9.27q
7 Keith Omane-Agyei	FR	St. Lawrence	9.42q
8 Brady Szekeres	SO	Utica	9.51q
9 Aidan Kelly	SO	Oneonta	9.56
10 Richard Mangogna	SO	Oneonta	9.56
10 William Beck	SO	Union (N.Y.)	9.56
12 Cole DiGiacomo	FR	Union (N.Y.)	9.87
13 Christopher Brandreth	SO	Union (N.Y.)	9.88
14 Evan Sweet	FR	RPI	10.61

Men 60 Meter Hurdles

Facility: 8.06 F 2/8/2020 Brent Di Vittorio

AARTFC: 8.70 A

Name	Yr	School	Finals
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Finals

1 Erik Geier	JR	St. Lawrence	8.44A	10
2 Jason Bois	FR	Union (N.Y.)	8.83	8
3 Alexander Mavros	SO	Oneonta	8.98	6
4 Edwin Mensah-Boateng	SO	Hamilton	9.10	5
5 Morgan Condon	SO	SUNY Delhi	9.27	4
6 Keith Omane-Agyei	FR	St. Lawrence	9.37	3
7 Samuel Hunt	FR	St. Lawrence	9.48	2
8 Brady Szekeres	SO	Utica	9.60	1

Men 4x200 Meter Relay

Facility: 1:30.68 F 2/18/2017 RIT

J Hall, P Butler, K Kaniecki, M Lienhard

Team	Relay	Finals
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Finals

1 Cortland	A	1:31.29	10
1) Brett Morse SR	2) Matthew Schaffert FR		
3) Travis Iwuagwu FR	4) Aaron Jones SR		
2 RPI	A	1:32.23	8
1) Donovan Myrick FR	2) Peter Cavanaugh SO		
3) Stephen Fajen SO	4) Liam Pek JR		

3 Utica	B	1:36.74	6
1) Dylan Asch FR	2) Ethan Kain SR		
3) Michael Orioles FR	4) Quallan Brown JR		
4 Oneonta	B	1:37.06	5
1) Aidan Kelly SO	2) Joshua Jerome FR		
3) Eric Nieves SO	4) Alexander Mavros SO		
5 Oswego	A	1:37.12	4
1) Aidan Harrington JR	2) Alex Reyes FR		
3) Christopher Dorney SR	4) Mathew Broadnax JR		
6 St. Lawrence	A	1:37.18	3
1) William Hauf SO	2) Erik Geier JR		
3) Ethan Rowe SO	4) Ryan Steele SO		
7 RPI	B	x1:37.62	
1) Drew Kerr FR	2) Noah Pray SO		
3) Owen Haas SO	4) Kensei Chen SO		
8 Oneonta	A	x1:37.92	
1) Richard Mangogna SO	2) Nick Darrigo FR		
3) Alec Weiss SO	4) Cliff Biehl SO		
9 RPI	C	x1:39.30	
1) Josh Chait FR	2) Joey Hinckley JR		
3) Tyler Knapp JR	4) Eoin O'Gara SO		
10 Union (N.Y.)	A	1:39.48	2
1) Ryan Hilliard SO	2) Sam Ahern SO		
3) Eli Coleman SO	4) Mason Lang FR		
11 Union (N.Y.)	B	x1:41.38	
1) Jason Bois FR	2) William Beck SO		
3) Christopher Brandreth SO	4) Cole DiGiacomo FR		
12 St. Lawrence	B	x1:42.51	
1) Keith Omane-Agyei FR	2) Samuel Hunt FR		
3) Carlos Sanchez FR	4) Brogan McGorray FR		

Men 4x400 Meter Relay

Facility: 3:23.14 F 2/18/2017 RPI

J Hall, P Butler, M Drexler, D Kelly

AARTFC: 3:27.00 A

Team	Relay	Finals
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Finals

1 Cortland	A	3:28.31	10
1) Coltrane Goring SR	2) Douglas Knapp SR		
3) Andrew O'Gorman JR	4) Evan Jensen SO		
2 Hamilton	A	3:34.38	8
1) Hugh Williams FR	2) Benjamin Ingram SO		
3) Andrew Richardson FR	4) James Gallagher JR		
3 RPI	B	3:35.50	6
1) Rahul Maharjan SO	2) Raymond Rivituso SR		
3) Domenick Rayleonard SO	4) Sean Shannon SO		
4 Utica	A	3:36.84	5
1) Nolan Flynn FR	2) Zuriel Wright SR		
3) Hayden Lohmann JR	4) Jonathan Simmons SO		
5 Union (N.Y.)	A	3:38.52	4
1) Ryan Hilliard SO	2) Aiden Rowley JR		
3) Benjamin Neff SO	4) Aidan Savitt FR		
6 RPI	A	x3:41.73	
1) Michael Harkins FR	2) Matthew Smalling SO		
3) Dylan Rosemark SO	4) Andre Latina FR		

**Utica Winter Opener
Hutton Sports & Recreation Center - 1/14/2023**

Results

Finals ... (Men 4x400 Meter Relay)

Team	Relay	Finals
7 Siena	A	3:44.16 3
1) Griffin Cooke SO	2) PJ Dauer FR	
3) Ryan Famiglietti JR	4) Killian McNamee SO	
8 Union (N.Y.)	B	x3:44.21
1) Kyle Collins SO	2) James Toleos FR	
3) Samuel Crowley FR	4) Nicholas DeBaise FR	
9 St. Lawrence	A	3:46.18 2
1) Christopher O'Donnell SO	2) James Cary SO	
3) Tye Royal SO	4) Cole Harris FR	
10 Canisius	A	3:48.58 1
1) Kevin Board JR	2) Royce Breslawski JR	
3) Max Chew JR	4) Ronan McDonald JR	
11 Saint Rose	A	3:48.68
1) D'Andre Little SO	2) Jamie Sullivan SO	
3) Matthew Waruch SO	4) Kyle Ostrander SO	
12 Canisius	B	x3:48.77
1) Nick Dauphinee JR	2) Patrick Garland JR	
3) Collin Rice JR	4) Jacob Raichel SO	
13 Canisius	C	x3:49.67
1) Colin Maddigan FR	2) Joseph Pivarunas FR	
3) Braden Tent FR	4) Brody Jones FR	

Men High Jump

Facility: 2.13m F 12/3/2016 Keimon Barrow

AARTFC: 1.91m A

Name	Yr	School	Finals
Finals			
1 Zuriel Wright	SR	Utica	1.91mA 10
2 Blake Hobin	FR	Utica	1.86m 8
3 Alex Ordonez	FR	Oneonta	1.86m 6
4 Mark Simmons	FR	Brockport	1.81m 5
5 Yathin Vemula	FR	RPI	1.81m 4
6 Samuel Hunt	FR	St. Lawrence	1.76m 2.5
6 Landers Green	FR	Union (N.Y.)	1.76m 2.5
8 Edwin Mensah-Boateng	SO	Hamilton	1.76m 1
9 Gregory Olden	SO	Utica	1.76m
10 Dillion Murphy	FR	Brockport	1.71m
11 Brogan McGorray	FR	St. Lawrence	1.71m
12 Luke Kovalcin	SO	RPI	1.71m
13 Jason Bois	FR	Union (N.Y.)	1.66m
--- Cooper Jones	SO	Utica	NH

Men Pole Vault

Facility: 5.40m F 1/15/2022 Zach Ferrara

AARTFC: 4.40m A

Name	Yr	School	Finals
Finals			
1 Zachary Nyhart	SR	Cortland	4.70mA 10
2 Richard Mangogna	SO	Oneonta	4.55mA 8
3 Chris Brhel		Unattached	X4.55mA
4 Joey Hinckley	JR	RPI	3.95m 6
5 Eoin O'Gara	SO	RPI	3.80m 5
6 Aidan Kelly	SO	Oneonta	3.40m 4
7 Josh Chait	FR	RPI	3.20m 3

8 Jack Rathburn	FR	Utica	3.20m 2
9 Jack Simack	SO	St. Lawrence	3.00m 0.5
9 Ryan Serp	SR	Cortland	3.00m 0.5
--- Luke Favata	SR	Potsdam	NH
--- Casey Selinske	JR	RPI	NH
--- Paul Dunbar		Unattached	XNH
--- Michael Carey	SO	Oneonta	NH
--- Brady Szekeres	SO	Utica	NH

Men Long Jump

Facility: 7.46m F 1/26/2019 George Alexandris

AARTFC: 6.65m A

Name	Yr	School	Finals
Finals			
1 Josh Jeziorski	SR	Brockport	7.22mA 10
2 Eli Coleman	SO	Union (N.Y.)	6.74mA 8
3 Howard Nix	FR	Brockport	6.69mA 6
4 Zuriel Wright	SR	Utica	6.61m 5
5 Shawn Putman	SO	RPI	6.60m 4
6 Richard Mangogna	SO	Oneonta	6.49m 3
7 William Hauf	SO	St. Lawrence	6.44m 2
8 Chad Franklin	FR	Oneonta	6.35m 1
9 Peter Cuomo	JR	Hamilton	6.32m
10 Joseph Ciardi	FR	Oneonta	6.24m
11 Robert Smith	SO	RPI	6.16m
12 Brett Morse	SR	Cortland	6.15m
13 Hunter Zangerle	FR	Brockport	6.14m
14 Roland Zanger	SO	Cortland	6.14m
15 Ryan Serp	SR	Cortland	6.11m
16 Crishtian Cuevas	FR	SUNY Delhi	6.05m
17 Joe Gefell	SO	Brockport	6.04m
18 Dion Putaski	SO	Utica	5.97m
19 Noah Pray	SO	RPI	5.96m
20 Matthew Schaffert	FR	Cortland	5.96m
21 Gregory Olden	SO	Utica	5.90m
22 Michael Prata	SO	Oneonta	5.89m
23 Ryan Steele	SO	St. Lawrence	5.86m
24 Cliff Biehl	SO	Oneonta	5.79m
25 Aidan Kelly	SO	Oneonta	5.78m
26 Cooper Jones	SO	Utica	5.57m
27 Tim Petty	SO	Potsdam	5.44m
28 Carlos Sanchez	FR	St. Lawrence	4.58m
--- Alec Weiss	SO	Oneonta	FOUL
--- Ben Jakubczak	SR	Hamilton	FOUL
--- Josh Jeffes	SO	SUNY Delhi	FOUL

Men Triple Jump

Facility: 14.61m F 12/3/2016 Keimon Barrow

AARTFC: 13.40m A

Name	Yr	School	Finals
Finals			
1 Amarian Hughes	JR	Cortland	13.90mA 10
2 Landers Green	FR	Union (N.Y.)	13.29m 8
3 Alhagie-Sorie Sesay	SR	Cortland	13.26m 6
4 Owen Haas	SO	RPI	12.85m 5
5 Alexander Daniel	SR	Cortland	12.84m 4

**Utica Winter Opener
Hutton Sports & Recreation Center - 1/14/2023**

Results

Finals ... (Men Triple Jump)

Name	Yr	School	Finals
6 Joe Gefell	SO	Brockport	12.71m 3
7 Peter Cuomo	JR	Hamilton	12.56m 2
8 Joseph Ciardi	FR	Oneonta	12.13m 1
9 Michael Prata	SO	Oneonta	11.91m
10 Finn Holohan	FR	RPI	11.56m
11 Ben Jakubczak	SR	Hamilton	11.40m
--- Cooper Jones	SO	Utica	FOUL
--- Joshua Jerome	FR	Oneonta	FOUL
--- Ryan Steele	SO	St. Lawrence	FOUL

Men Shot Put

Facility: 16.53m F 2/22/2019 Keanu Heedram
AARTFC: 13.85m A

Name	Yr	School	Finals
1 Isaiah Brunache	FR	Cortland	15.62mA 10
2 Alex Rood		Unattached	X15.21mA
3 Hunter Logan	JR	Utica	15.05mA 8
4 Billie Mays III	SO	Utica	13.38m 6
5 Justin Swavely	SO	Utica	13.25m 5
6 Mitchell Makowski	SR	Cortland	13.21m 4
7 Zachary Jaworski	SO	St. Lawrence	13.20m 2.5
7 Mason Davis	JR	Saint Rose	13.20m 2.5
9 Jason Marincic	JR	Brockport	13.03m 1
10 Vincent Zheng	SO	Oneonta	12.79m
11 Thomas Burek	JR	Cortland	12.57m
12 Luke Alexander	FR	RPI	12.50m
13 Michael McNeil	SO	Utica	12.44m
14 Jacob Barnes	JR	Utica	12.35m
15 Michael Saavedra	SR	Oswego	12.17m
16 Matt Muscolo	SO	Brockport	12.14m
17 Michael Fasano	SO	Hamilton	12.05m
18 Thomas Dunn	SO	Utica	11.60m
19 Brady VanAernam	JR	Utica	11.48m
20 Miles Moliterni	JR	Oneonta	11.43m
21 Sawyer Eckberg	FR	Oneonta	11.42m
22 Jacob DeWilde	SO	Brockport	11.08m
23 Mason Lang	FR	Union (N.Y.)	10.98m
24 Nicholas Bocach	FR	Brockport	10.94m
25 Spencer Borghardt	FR	Utica	10.73m
26 Tristan Mangin	FR	RPI	10.47m
27 Alexander Kline	SO	Oswego	10.40m
28 Andrew Clark	JR	Utica	10.31m
29 Tim Petty	SO	Potsdam	10.24m
30 Nicholas Entner	FR	Union (N.Y.)	10.17m
31 Francesco Soccoli	FR	Union (N.Y.)	10.05m
32 Adam Cuyler	FR	Oswego	10.02m
33 Tito Bowens	JR	St. Lawrence	9.98m
34 Antonio Cocchiaro	FR	Union (N.Y.)	9.94m
35 Luke Favata	SR	Potsdam	9.73m
36 Zane Moussa	SO	Potsdam	9.65m
37 Connor St. Peter	FR	St. Lawrence	9.41m
38 Jack Simack	SO	St. Lawrence	9.17m
39 Erik Schneider	FR	St. Lawrence	9.01m

40 John Largett	FR	Utica	8.93m
41 Michael Carlson	FR	Oswego	8.59m
42 Jacob Mitts	SO	Oswego	8.51m
43 Adam Hecker	FR	Union (N.Y.)	8.47m
44 John Shultzaberger	FR	Hamilton	8.05m
45 Aiden Martin	FR	Utica	7.62m
46 Connor Brown	FR	Oswego	7.52m
47 Quwayne Lawernce	FR	Hartwick	7.24m
--- Adam Eastman	FR	Utica	FOUL
--- James Bommentre	SO	RPI	FOUL

Men Weight Throw

Facility: 19.55m F 1/14/2017 Luis Rivera

AARTFC: 15.50m A

Name	Yr	School	Finals
1 Antwan Kelly	JR	Utica	17.55mA 10
2 Isaiah Brunache	FR	Cortland	17.00mA 8
3 Mitchell Makowski	SR	Cortland	16.23mA 6
4 Josh Cohen	JR	RPI	15.78mA 5
5 Miles Moliterni	JR	Oneonta	15.25m 4
6 Justin Swavely	SO	Utica	14.23m 3
7 Thomas Burek	JR	Cortland	13.98m 2
8 Brady VanAernam	JR	Utica	13.65m 1
9 Jacob DeWilde	SO	Brockport	13.38m
10 Hunter Logan	JR	Utica	13.37m
11 Alex Rood		Unattached	X12.73m
12 Michael McNeil	SO	Utica	12.51m
13 Nathan Florian	SR	Utica	12.50m
14 Vincent Zheng	SO	Oneonta	12.43m
15 Spencer Borghardt	FR	Utica	12.30m
16 James Tumia	SO	Oneonta	12.13m
17 Marco Alteri	SO	Oneonta	12.04m
18 Mark Brown	JR	Utica	11.99m
19 Matt Muscolo	SO	Brockport	11.57m
20 Joshua Talbot	FR	Utica	11.30m
21 Daniel Miller	JR	Saint Rose	11.23m
22 Sawyer Eckberg	FR	Oneonta	10.76m
23 Luke Alexander	FR	RPI	10.75m
24 Mason Lang	FR	Union (N.Y.)	10.74m
25 Michael Fasano	SO	Hamilton	10.61m
26 Antonio Cocchiaro	FR	Union (N.Y.)	10.29m
27 Nicholas Bocach	FR	Brockport	10.14m
28 Andrew Clark	JR	Utica	10.13m
29 Alexander Kline	SO	Oswego	10.09m
30 Jack Simack	SO	St. Lawrence	9.37m
31 Erik Schneider	FR	St. Lawrence	9.07m
32 Colby Grove	FR	RPI	9.06m
33 Kevin Chait	SO	RPI	8.90m
34 Adam Cuyler	FR	Oswego	8.69m
35 Nicholas Entner	FR	Union (N.Y.)	8.33m
36 Tristan Mangin	FR	RPI	8.27m
37 Adam Hecker	FR	Union (N.Y.)	8.02m
38 John Shultzaberger	FR	Hamilton	7.21m
--- Zachary Jaworski	SO	St. Lawrence	FOUL

Utica Winter Opener
Hutton Sports & Recreation Center - 1/14/2023
Results

Mixed 1 Mile Run Alumni

	Name	Yr	School	Finals
Finals				
1	Tim Fitzgerald	M	Unattached	X5:32.34
2	Hunter Padgett	M	Unattached	X5:39.43
3	Joe Pruckno	M	Unattached	X6:06.79
4	Kyler Ford	M	Unattached	X6:46.35

Women - Team Rankings - 18 Events Scored

1)	Felician	108
2)	Brockport	100
3)	Cortland	92
4)	Utica	75
5)	Siena	62
6)	St. Lawrence	49
7)	RPI	43
8)	Hamilton	39
9)	Oneonta	37
9)	Canisius	37
11)	Union (N.Y.)	30
12)	SUNY Delhi	9
13)	Saint Rose	8
14)	Oswego	6
15)	Hartwick	1

Men - Team Rankings - 18 Events Scored

1)	Cortland	125.5
2)	RPI	96
3)	Utica	77
4)	St. Lawrence	64.5
5)	Brockport	58
6)	Siena	44
7)	Canisius	42
8)	Union (N.Y.)	40.5
9)	Oneonta	40
10)	Hamilton	39
11)	Saint Rose	35.5
12)	SUNY Delhi	24
13)	Oswego	15